



Central A & M Gregory January 2023 Menu



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No School Teacher's Institute

4

Maple Waffle

A: French Toast with Sausage
B: Cheeseburger
C: SBJ Sandwich

5

Chocolate Muffin with Cheese

A: Kickin" Bean & Beef Bowl
B: Popcorn Chicken
C: SBJ Sandwich

6

Oatmeal Benefit Bar

A: Cheese Pizza
B: Chicken Nuggets
C: SBJ Sandwich

9

Mini Chocolate Donuts

A: Scrambled Eggs with Waffle
B: Chicken Patty Sandwich
C: SBJ Sandwich
National Apricot Day

10

Breakfast Bread

A: Sloppy Joe
B: Aceable - Pizza
C: SBJ Sandwich

11

Mini Cinnamon Cream Cheese Bagel

A: Country Fried Steak w/ Country Gravy
B: Ham & Cheese Sandwich
C: SBJ Sandwich

12

Breakfast Cookie

A: Pulled Pork Nachos
B: Pizza Max Sticks
C: SBJ Sandwich

13

Apple Cinnamon Muffin with Cheese

A: Pepperoni Pizza
B: Italian Sub
C: SBJ Sandwich



17

Apple Blueberry Benefit Bar

A: Walking Taco
B: Chicken Tenders
C: SBJ Sandwich

18

Triple Berry French Toast

A: Salisbury Steak w/ Beef Gravy
B: Chicken Patty Sandwich
C: SBJ Sandwich

19

Banana Muffin w/Cheese

A: Chicken & Noodles
B: Meatball Sub
C: SBJ Sandwich

20

Mini Strawberry Cream Cheese Bagels

A: Cheese Pizza
B: Corn Dog
C: SBJ Sandwich

23

Cinnamon French Toast

A: Beef Nachos
B: Hot Dog
C: SBJ Sandwich

24

Pop Tart

A: Spaghetti with Meat Sauce
B: Cheeseburger
C: SBJ Sandwich

25

Breakfast Pizza

A: Ham and Cheese Sandwich
B: BBQ Rib Sandwich
C: SBJ Sandwich

26

Mini Pancakes

A: Popcorn Chicken
B: Pulled Pork Sandwich
C: SBJ Sandwich

27

Banana Benefit Bar

A: Pepperoni Pizza
B: Chicken Patty
C: SBJ Sandwich

30

Blueberry Muffin

A: Bosco Sticks with Marinara Sauce
B: Mini Corndogs
C: SBJ Sandwich

31

Lumberjack

A: Omelet w/ Donut
B: Ace Meal: Cheeseburger
C: SBJ



More info...
All Breads are Whole Grain
All juice is 100% fruit juice
Fresh Vegetables and Fruit Served Daily
Milk Choice
Sun Butter and Jelly Sandwich = Offered Daily

More info...
"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."
menu is subject to change without notice